

# FINANCE

## Your Legacy.

By Robin Young

You can look at it like spring cleaning. You have spent your whole life collecting things and stories that are a glimpse into who you are and how you see the world. They tell a unique story about your life. Gifting these items to you family during your lifetime can create a legacy that will last for generations.

Do you remember the excitement and joy in hearing your parent's stories of growing up. Wouldn't you love a copy of your mom's famous recipe, that picture of your dad in front of his T-bird convertible or to know how your

parents first met? You may not think your children will have the time to hear the stories of your life or will have an appreciation of your things. However, an appreciation for family history develops with time and wisdom. Too often this yearning happens when it is too late and much is lost and forgotten.

There are many ways to share your stories. You can write them down in a journal, use an audio recorder, or type them on a computer. There are grandparent books available that prompt you for certain kinds of stories and information about your life. You can also ask someone for help – you can accomplish a lot in an hour a month.

Our family histories provide us with grounding, perspective and humor in our life. Your children (at some point) and grandchildren will want to hear your stories. It's your legacy to the world and if you can share it with the ones you love it is a true gift.

Robin Young CFP®, Registered Life Planner and owner of Northstar Financial Planning, Inc. in Londonderry, NH, a Fee-only Financial Life Planning and Wealth Management firm. Visit [www.northstarfp.com](http://www.northstarfp.com) or contact Robin at 603.216.9226.



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